

Dear Brothers and Sisters,

All the details for the seminars in Mendoza have been finalized.  
There will be 3 Seminars as per details below:

1) Lohan Chi Kung seminar (24 hours taught by Grand Master Chen Yong Fa)

2) Kung Fu seminar (25 hours taught by Tiger Disciples, Sifu Paul Nomchong and Sifu João Chasse, supervision and upgrading exams by Grand Master Chen Yong Fa)

3) Open Lohan Chi Kung Seminar (6 hours) taught by Grand Master Chen Yong Fa

**NOTICE for all the Country Master and Disciples:**

We do not have the e-mail addresses of all the HSG and WST instructors worldwide.

Kindly forward this information to any brother or sister that was not included in this e-mail. Thank you

**1) Lohan Chi Kung Seminar:**

**Dates:**

from Friday September 30, 2016

to Monday October 3, 2016

Total 4 days (24 hours training with Sifu)

**Lohan Chi Kung Program:**

Stick and Walking exercise for instructors.

18 Lohan

Siu Lohan

Dai Lohan

Ng Wan Lok Hey Bagua Kung

Wu Chi

**Location of the Seminars:**

Centro de Congreso y Exposiciones de Mendoza

Avenida Peltier 611  
Ciudad de Mendoza  
Mendoza, Argentina

**Training Hours:** (24 hours or 4 days at 6 hours per day)  
Friday, Saturday, Sunday and Monday  
from 9 am to noon and from 2:30 pm to 5:30 pm

## **2) KungFu Seminar:**

### **Dates:**

from Thursday September 29, 2016  
to Monday October 3, 2016

Total 5 days (25 hours teaching done by Tiger Disciples Sifu Paul Nomchong and Sifu João Chasse, supervision and upgrading done by Grand Master Chen Yong Fa)

### **Kung Fu Program:**

Mui Fa Ba Gwa Sin (Plum Blossom Bagua Fan)  
Fu Mei Gwun (Tiger's Tail Staff)  
Ba Gwa Sarn Sau (Ba Gwa Fighting Techniques)

### **Location of the Seminars:**

Centro de Congreso y Exposiciones de Mendoza  
Avenida Peltier 611  
Ciudad de Mendoza  
Mendoza, Argentina

### **Training Hours (25 hours) as per details below:**

#### **Thursday September 29, 2016**

from 9 am to noon  
from 3 pm to 6 pm

#### **Friday September 30, 2016**

from 7 am to 9 am  
from 7 pm to 9 pm

#### **Saturday October 1, 2016**

2:30 pm to 5:30 pm

**Sunday October 2, 2016**

from 9 am to noon

from 2:30 pm to 5:30 pm

**Monday October 3, 2016**

from 9 am to noon

from 2 to 5 pm

**3) Open Lohan Chi Kung Seminar:****Dates and training hours:**

Saturday October 1, 2016 from 9 am to noon

Sunday October 2, 2016 from 9 am to noon

Total 2 days (Total 6 hours training with Grand Master Chen Yong Fa)

**Open Lohan Chi Kung Program:**

- 6 Lohan Chi Kung breathings
- Tan Tiens Exercices
- Gates Exercices
- San Jiao Exercises
- Yin walk, Yang walk y Yin-Yan walk (Exercises to regulate energy in our body)
- 18 Hands of Buddha

**Location of the Seminars:**

Centro de Congreso y Exposiciones de Mendoza

Avenida Peltier 611

Ciudad de Mendoza

Mendoza, Argentina

**Prices for the 3 Seminars**

High Office has established the prices for the seminars in Mendoza and the various prices have been established in the Spirit of Co-operation.

Thanks to the subsidies offered by Dai Sihing Mark Whelan, Sifu Paul Nomchong, Sifu João Chasse and Grand Master Chen Yong Fa, these are the prices:

Lohan Chi Kung program:  
24 hours: US\$ 300  
For Disciples and Leopard Applicants

Kung Fu program:  
25 hours: US\$ 250  
For Disciples and Leopard Applicants

Kung Fu and Chi Kung programs:  
US\$ 350  
For Disciples and Leopard Applicants

For HSG members  
US\$ 250 for Lohan Chi Kung seminar or Kung Fu seminar  
US\$ 300 for both seminars.

For new HSG members/ Instructors  
US\$ 180 for Lohan Chi Kung seminar or Kung Fu seminar  
US\$ 200 for both seminars.

Open Lohan Chi Kung Seminar (6 hours): US\$ 100

**Additional information will follow:**

Airport options, hotel options and registration forms will follow in the coming days

Mendoza is a beautiful sunny city located next to the Aconcagua mountain (second highest mountain in the world after the Everest), with lots of good wineries and friendly people. All the brothers and sisters from Mendoza will be very happy to assist and help with airport pick up and bus terminal pick up.

Please do not hesitate to contact me by e-mail if you have any question.  
You can also reach me by phone through WhatsApp at +1 514 594 7333

We look forward to hearing from you.

Sergio Arione